



VINAYAKA MISSION'S
**ANNAPOORANA
COLLEGE OF NURSING**



VINAYAKA MISSION'S
RESEARCH FOUNDATION
DEEMED TO BE UNIVERSITY

VINAYAKA MISSION'S ANNAPOORANA COLLEGE OF NURSING, SALEM

PROVOKE OF OBSTETRICS & GYNAECOLOGY

Triple birth of a soul

First Birth in the body of father

Third birth in one's own body

Second birth in the body of Mother



MESSAGE FROM HEAD OF THE INSTITUTION

Our college is to provide knowledge, skills, ability, attitudes, and beliefs that are essential for a productive and successful life. Our college is imparting quality education that would enrich every student's cultural, intellectual, social life. We are committed to maintaining a balance between theory and practice. We endeavour to facilitate the learner to gain knowledge and experience enabling them to achieve meaningful individualistic development and the well-being of society at large.



MESSAGE FROM HEAD OF THE DEPARTMENT

It is a matter of great pride and satisfaction to bring out the Newsletter for the Academic year 2022-2023. This edition of the Newsletter reports the significant activities carried out by Students and Faculty in the areas of Teaching and Learning, Research and Development. I appreciate the efforts put in by editorial board to bring out the Newsletter. I feel, this is the right time to reflect on our contributions of the year. Areal awareness on "where do we stand in evidence-based nursing practice" is essential in the context of the advancement not only in the profession of nursing but also in the allied disciplines. This is the first and humble effort in bringing up the research projects & students.

S. P. ...

EVENTS OF THE YEAR

<i>JULY</i>	<i>GUEST LECTURE</i>
<i>AUGUST</i>	<i>WORLD BREAST FEEDING WEEK</i>
<i>SEPTEMBER</i>	<i>CONTINUING NURSING EDUCATION</i>
<i>NOVEMBER</i>	<i>INTERNATIONAL NEONATAL QUIZ</i>
<i>DECEMBER</i>	<i>JOURNAL CLUB PRESENTATION</i>
<i>JANUARY</i>	<i>GUEST LECTURE</i>
<i>FEBURARY</i>	<i>JOURNAL CLUB PRESENTATION</i>
<i>MARCH</i>	<i>INTERNATIONAL WOMEN'S DAY</i>
<i>APRIL</i>	<i>NATIONAL SAFE MOTHERHOOD DAY</i>
<i>MAY</i>	<i>INTERNATIONAL MIDWIVES' DAY</i>

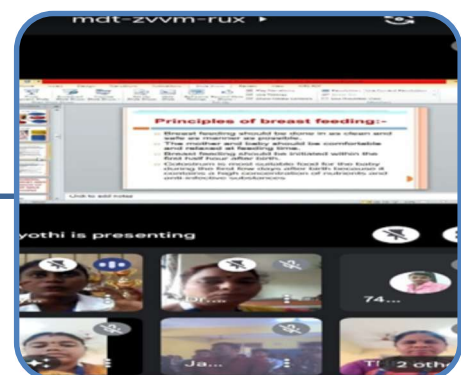


GUEST LECTURE

Guest Lecture on **"High Risk Pregnancy - Screening and Assessment"** on 13.07.2022. Guest Speaker was Mrs. Anu Joykutty, M.Sc.(N), Ph.D, Associate Professor, HOD Dept of OBG, Christ College of Nursing, Rajkot and she dealt about assessment and common diagnostic test for High-risk pregnancy. Session was very much interactive and informative to all the participants.



Guest Lecture regarding **"Lactation Management"** on 05.01.2023. Guest Speaker was Mrs. Jyoti, M.Sc.(N), Associate Professor, HOD Department of OBG, Navodaya College of Nursing, Rajchur, Karnataka. She explained about Purposes, Physiology, Composition of Milk, Steps and Position of Lactation, Lactation problems and its Management. Session was very much interactive and informative to all the participants.



World Breastfeeding Week - 01.08.2022 TO 07.08.2022



World Breastfeeding Week (WBW) is celebrated from August 1-7 every year to encourage and spread awareness on breastfeeding around the globe. The global campaign drives the goal with a focused theme annually. The 2022 theme for World breastfeeding week is "Step up for Breastfeeding Educate and Support", seeks to involve governments, communities and individuals. The theme aims to raise awareness about sustainable breastfeeding environments. This highlights "the links between breastfeeding and survival, health and wellbeing of women, children and nations". The World Breastfeeding Week sets a platform to promote the huge benefits of breastfeeding for the welfare of babies and mothers and establishing food security.

Video Presentation Speech and Social Drama was Organized by Department of Obstetrics and Gynaecological Nursing in the lieu of World Breast Feeding Week based on the theme at Urban Maternity Health Centre, Suramangalam, Salem. Around 65 antenatal and Postnatal mothers were participated and got benefited through this programme

CONTINUING NURSING EDUCATION



The Continuing Nursing Education Programme on "Normal labour and it's management" on 08.09.2022. The first session started by Dr.Swathi, MBBS & MD, Assistant Professor, Department of Obstetrics and Gynaecology, VMKVMCH, Salem, regarding "Broad look of Normal labour". The Guest Speaker was Dr.B.Jeyamani, MBBS, MD & DGO, Professor and HOD of Obstetrics and Gynaecology, VMKVM College and Hospital, Salem, explained "Normal Labour and it's Management" followed by Dr.Nivenitha, MBBS & MD, Assistant Professor, Department of Obstetrics and Gynaecology, VMKVMCH, Salem dealt with "Roles and Responsibilities of midwives in normal labour and its management". Session was very much interactive and informative to all the participants. The programme ends with national Anthem.

INTERCOLLEGIATE QUIZ PROGRAMME



DEPARTMENT OF OBSTETRICS AND GYNAECOLOGICAL NURSING ORGANIZED A NEONATAL ONLINE QUIZ PROGRAMME FOR B.SC. NURSING STUDENTS. VARIOUS COLLEGE STUDENTS WERE PARTICIPATED FROM TAMILNADU & OTHER STATES. ALL THE PARTICIPANTS APPRECIATED WITH CERTIFICATE AND WINNERS WERE AWARDED. AROUND 40 STUDENTS FROM TEN COLLEGES WERE PARTICIPATED IN THIS EVENT ENTHUSIASTICALLY AND GOT BENEFITTED.



JOURNAL CLUB PRESENTATION (JCP)



"Kawasaki Syndrome" on 07.12.2022

By
Mrs.C.Soundari,
Nursing Tutor



"Asherman Syndrome" on 06.02.2023

By
A.Thenmozhi, M.Sc(N),
Asst Professor

INTERNATIONAL WOMEN'S DAY



International Women's Day on 08.03.2023 based on the theme "DigitALL: Innovation and technology for gender equality". The programme was inaugurated by Chief Guest Prof. Dr.M.Nithya Ph. D, Vice Principal, VMKVEC, Salem. Special address was given by Prof. Dr. K. Maheswari, Principal, VMACON followed by Debate and games were conducted. Prizes were distributed and encouraged the winners.



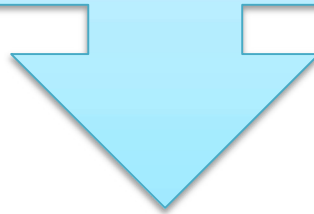
NATIONAL SAFE MOTHERHOOD DAY

Mime and Flash mob and Speech was organized by Obstetrics and Gynaecological Nursing Department on 11.04.2023 on the eve of "National Safe Motherhood Day" based on the theme "Remain at home amid corona virus, protect mother and infant safe from corona virus". The Chief Guest was given by chief guest Dr.Sankar, M.B.B.S, Medical Officer, Gugai, Salem. Around 45 Antenatal mothers were participated and got benefited



INTERNATIONAL MIDWIVES' DAY

Mime, Dance, Tabloo and Speech in lieu of "International Midwives Day" based on the Theme on 05.05.2023 at VMACON, Auditorium. Motivational speech was given by Prof.Dr.K.Maheswari, Principal, VMACON, Salem. This day is celebrated to recognize the work of midwives and to raise awareness about the status of midwives for the essential care provided to mothers and new born. Faculties and final year students were participated enthusiastically and got benefited. Today's program highlights Midwives: "Together again: from evidence to reality"



ACHIVEMENTS

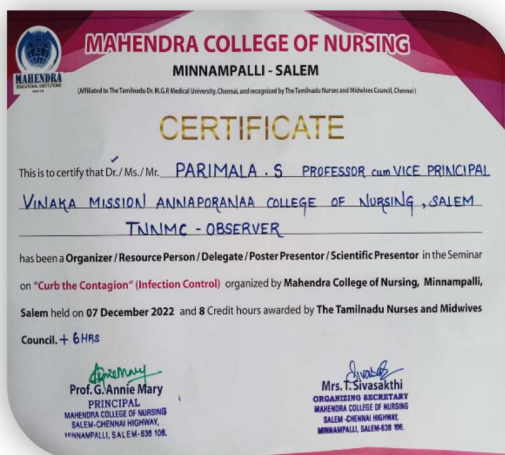
Outstanding Educator International Awards 2023
Dedication & Excellence in Field of Education & Research



POSTER PRESENTATION



***Dr.S.Parimala on
Sceintific Paper
Presentation***



***Dr.S.Parimala on
Observer***

PUBLICATION

S.No	Date	Faculty Name	Name of the Journal	Topic	ISSN, Volume, Issue & Page No
1.	April 2022	Prof.Dr.S.Parimala	MGM Journal of Medical Sciences	A study to assess the effectiveness of warm foot bath therapy on the reduction of blood pressure among hypertensive patients attending a tertiary care setting	Volume-09, Issue-1, April 2022 Page No:380-382
2.			Archives of Medicine and Health Sciences,	Role of Mirror Therapy in Management of Stroke – Current and Future Perspectives	Volume-10, Issue-1, April 2022 Page No:260-265
3.		Prof.Dr.V.Selvanayagi	Indian Journal of Natural Sciences	Knowledge on Disaster among Residents in Mador village, Kattumannarkoil	ISSN: 0976 0997, Volume-13, Issue-75, Dec 2022 Page No:50280
4.				Pilot study to assess the effectiveness of educational interventional Programme on Disaster Preparedness and Management among Residents in Disaster Prone Areas	ISSN: 0976 0997, Volume-13, Issue-74, Oct 2022 Page No:48215
5.				Assess the Effectiveness of Fenugreek Drink on Menstrual Cramps among Adolescent Girls in Selected Rural Areas, Salem, Tamil Nadu	ISSN: 0976 0997, Volume-13, Issue-74, Oct 2022 Page No:47384
6.			Journal of Oriental Institution	A Study to assess anxiety, Stress, Depression and Loneliness among Elderly Staying in Old age Home	ISSN: 0030-5324, Volume-71, Issue-03, July- Sep 2022 Page No:08
7.		A.Thenmozhi	Indian Journal of Natural Sciences	Assess the Effectiveness of Fenugreek Drink on Menstrual Cramps among Adolescent Girls in Selected Rural Areas, Salem, Tamil Nadu	ISSN: 0976 0997, Volume-13, Issue-74, Oct 2022 Page No:47384

HIGHLIGHTS OF OBG LAB



OTHER ACTIVITIES

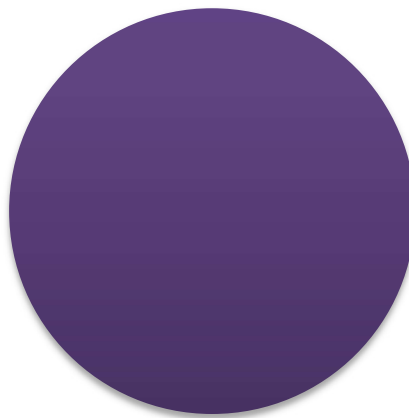
Pulse Polio Activities



RESULT

Percentage of Student Result

100%



■ Midwifery



Thank you



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